

Family Members and Caregivers

If you are a **family member or caregiver** of a brain injury survivor, your questions to MPs and federal election candidates should focus on **caregiver support, funding for services, and long-term policy solutions**. Here are three key questions:

1. Caring for a loved one with a brain injury is physically, emotionally, and financially exhausting. What will you do to ensure family caregivers receive the financial and respite support they need?

Why this matters: Many caregivers provide unpaid care, often at great personal cost. This question pressures candidates to address caregiver burnout and financial strain.

2. Brain injury survivors and their families struggle to access essential rehabilitation, appropriate housing and long-term support services. How will you ensure national standards for care? How will you work with provinces and territories to increase funding and support to help us care for our loved ones?

Why this matters: Support varies widely across Canada, leaving many families without proper care. This question demands federal action to ensure consistency.

3. The Standing Committee on Health has already adopted a recommendation for a National Strategy on Brain Injury. If elected, how will you push for its implementation to help families like mine?

Why this matters: A national strategy would provide coordinated care and resources, easing the burden on families. This question forces candidates to take a stand on policy action.